





Burns Prevention

What is a burn injury?

Burn is a type of injury to skin caused by heat, electricity, chemicals or radiation

- Burns are very painful
- Treatment is expensive
- Takes a long time to heal









Radiation Burn



Electric Burn





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Skin layers and its function

- Protects the underlying tissues from injury and invasion by germs
- The temperature of the body is regulated by the skin
- The pigment in the skin protects the individual from the harmful effects of the sun's rays



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Varying degrees of burn injury



Second degree burn

· Involves all of epidermis and

· May involve all of the dermis

Skin blister

some of dermis

Normal



First degree burn Involves top layer of epidermis only



Third degree burn May extend into deeper tissues

1st Degree

3rd Degree

How To Measure Severity Of Burn ?





Situations

IF THERE IS A FIRE IN YOUR HOUSE

- Raise an alarm
- Call the fire brigade on 101
- Once out remain out
- bon't re-enter the house
- Don't wait to collect your possessions











Situations

IF YOU ARE TRAPPED IN A SMOKE-FILLED ROOM

- Cover your nose and mouth with a wet cloth.
- Crawl to a safe area

IF YOU ARE IN A TALL BUILDING AND THERE IS FIRE

- Use the stairs for coming down
- Never use the lift
- Always use fire exit







ELECTRICITY



FOR ELECTRICAL FIRE

- Turn off mains
- Then put sand on the fire
- Never pour water on a connected or live wire





IF CLOTHES CATCH FIRE

- Pour water if available
- Rap a blanket around
- Stop where you are; drop to the ground
- 👌 Do not run



Situations

IF YOU SMELL GAS

- Close Cylinder valve and Burner knob
- Open doors and windows; Ventilate
- Do not touch electric switches
- If smell persists, inform your dealer





First aid for burn injuries

BEFORE GIVING FIRST AID, WASH BOTH YOUR HANDS DONT'S

- bo not use ice cold or hot water
- Do not apply ghee, tooth paste or turmeric powder



First aid for burn injuries

When you get a burn injury...



Hold your hand under running tap water for 2 mins



2 Apply only burnointment like silversulphadizine cream

In case of serious burn injury

- Transport the patient to the nearest hospital dealing with burns
- Do not give the burnt person anything to eat until doctor has seen him
- 6 Give water to drink
- Remove jewelry as later swelling appears and it will be difficult to remove
- Do not remove clothes of patient







Measures









COOKING PRACTICES

- Avoid wearing loose clothes while cooking
- Tie up your hair
- Use tongs to lift vessels
- Cooking should always be done on a platform or a table



USE OF FIREWORKS

- Earlier during festivals
- Now is used for all celebrations
 - victory in a match
 - victory in elections
 - wedding celebrations
 - even birthday parties

USE OF FIREWORKS

- Never light fireworks under confinement in a metal container
- Never keep extra fireworks in your pocket
- Store fireworks in metal containers away from all heat sources



USE OF FIREWORKS

Safety Tips

- Always wear close fitting clothes while lighting fireworks
- Keep some buckets of water handy while lighting fireworks





USE OF FIREWORKS

How to light a firecracker

- Always light Anar on the ground or on a flat surface
- Light glitters sticks away from body
- Light rockets in proper glass bottles in an open place, directing upward towards sky







Donation

Skin donation

- Skin & eyes can be donated only after death, within 6 hours
- ♦ Skin is used on burnt patients
- ♦ Skin is stored in skin bank at 4 to 6 degrees

Skin Donation Lets Donate Skin after Death and Gift a Life



THANK YOU



